



Northern Ireland
Curriculum

Reading Scheme to Support the
Learning for Life and Work Thematic Units (SLD)

Storing and Using Food

Level 1

Writers' Group:

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Notes to the Teacher:

The activities in this booklet are designed to support the topic *Storing and Using Food*. You can photocopy, cut out and laminate the picture cards at the back of the booklet and use them together with the picture board in a variety of ways. For example:

- Have the learners practise picture recognition by sticking the cards on top of the identical squares on the board.
- Have the learners place all the cards in front of them. Say a word, and they point to or hold up the corresponding picture card.
- Give a clue, such as ‘lots of people put this on their breakfast cereal’, and invite the learners to hold up the corresponding card (milk).
- Call out specific categories for the learners to sort and categorise their cards, for example ‘things that go in the fridge’.
- Hold a class discussion on the topic, talking about the picture on each card.
- Use two sets of laminated cards to play matching pairs. Place all the cards face down. Working in pairs, the learners take turns to turn over two cards – if they match, they keep the cards. The winner is the one with more cards at the end.

When we buy food and bring it home, it is important to know where to store it safely.

For example, we put tins and packets in the cupboard ...



... chilled foods in the fridge ...



... and frozen food in the freezer.



Where do we put bread? And fruit?

Should you put these foods in the fridge or in the cupboard? Draw a line to the correct place.



milk



biscuits



porridge oats



yoghurt



fridge



cupboard



fish



tin of soup



butter



pasta

Picture Board



fridge



freezer



cupboard



fruit bowl



bread bin



bread



pasta



bananas



eggs



ice cream



apples



butter

Picture Cards A



fridge



freezer



cupboard



fruit bowl



bread bin



bread



Picture Cards B



pasta



bananas



eggs



ice cream



apples



butter



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