

PERSONAL DEVELOPMENT AND MUTUAL UNDERSTANDING

FOUNDATION STAGE

The minimum content for Personal Development and Mutual Understanding is set out below.

Teachers should enable children to develop knowledge, understanding and skills in:

PERSONAL UNDERSTANDING AND HEALTH

Pupils should be enabled to explore:

- themselves and their personal attributes;
- their own and others' feelings and emotions;
- their dispositions and attitudes to learning;
- the importance of keeping healthy and how to keep safe in familiar and unfamiliar environments.

MUTUAL UNDERSTANDING IN THE LOCAL AND WIDER COMMUNITY

Pupils should be enabled to explore:

- their relationships with family and friends;
- their responsibilities for self and others;
- how to respond appropriately in conflict situations;
- similarities and differences between groups of people;
- learning to live as a member of a community.

Progression

As pupils progress through the Foundation Stage they should be enabled to:

- express a sense of self awareness;
- show some self control and express their own feelings and emotions appropriately;
- show a positive attitude to learning;
- adopt healthy and hygienic routines and understand how to keep safe;
- form good relationships with adults and other pupils;
- show independence and know when to seek help;
- show respect when working and playing together and recognise the need for rules;
- recognise similarities and differences in families and the wider community;
- be familiar with the interdependent nature of the class/school community.